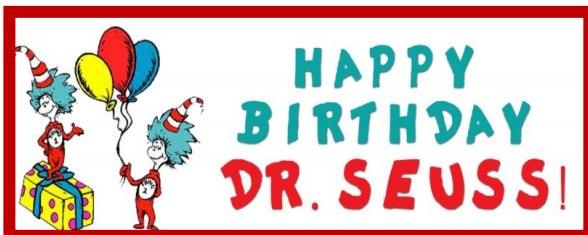


Wollaston Child Care Center March News 2020

Picture this..

Can you believe this month we will welcome spring? We have been lucky to have a mild New England winter. Hopefully the warm air continues and the snow stays away!! "March comes in like a Lion and out like a Lamb." The children will be engaged in many spring activities, learning about what we wear, changes to our environment, how plants grow and much more. They will be going outside as much as possible please dress according to the weather.



This month is Dr. Seuss's Birthday! He has written and illustrated 45 books best known for silly characters, funny rhymes, zany stories and made-up words!! The children will enjoy many stories and activities involving his stories through out the month!





On your child's Birthday you may send in a special treat to share with friends! Fruit is a great idea, small cupcakes are welcomed. Or come in and read a book to your child's class-

Jackson Z. 03/08

Ankush B. 03/13

Tyler B. 03/13

Eva Z 03/17

Lucas G. 03/18

Reilly 03/31



mates, this makes for a special day! Please let a staff member know in

advance what you would like to do, so we can plan accordingly. As always nothing with or made in factory with NUTS! Thank you!

Handwashing: Clean Hands Save Lives



CDC launched *Life is Better with Clean Hands*, a new national campaign designed to motivate adults to make clean hands part of their daily lives.

Washing your hands is easy, and it's one of the most effective ways to prevent the spread of germs. Studies have shown that handwashing can prevent 1 in 3 diarrhea-related sicknesses and 1 in 5 respiratory infections, such as a cold or the flu.

Follow these five steps every time

1. **Wet** your hands with clean, running water (warm or cold), turn off the tap, and apply soap.
2. **Lather** your hands by rubbing them together with the soap. Lather the backs of your hands, between your fingers, and under your nails.
3. **Scrub** your hands for at least 20 seconds. Need a timer? Hum the "Happy Birthday" song from beginning to end twice.
4. **Rinse** your hands well under clean, running water.
5. **Dry** your hands using a clean towel or air dry them.

If soap and water aren't available, you can use an alcohol-based hand sanitizer that contains at least 60% alcohol.

For more information on *Life is Better with Clean Hands*, visit

www.cdc.gov/handwashing.



March 9th - 13th

We will be hosting a scholastic Book Fair the week of March 9th-13th

Please come browse through the great selection of books. Also look through the flyer, that will be coming home. The fair will be located in the front office area and open through the week.

This is a great opportunity to get great books at good prices, ask a teacher with help picking books appropriate to your child's age. A percentage of the proceeds will help us put new materials in your child's classroom.