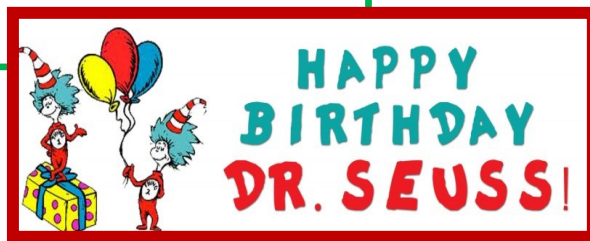
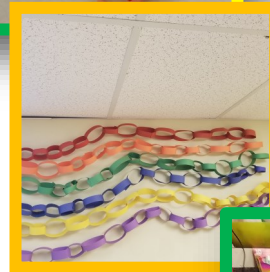


Wollaston Child Care Center March News 2021



Picture this..

Can you believe this month we will welcome spring? "March comes in like a Lion and out like a Lamb." The children will be engaged in many spring activities, learning about what we wear, changes to our environment, how plants grow and much more. They will be going outside as much as possible please dress according to the weather. Hats, mittens and warm jackets are a great idea on cool days.



This month is Dr. Seuss's Birthday! He has written and illustrated 45 books best known for silly characters, funny rhymes, zany stories and made-up words!! The children will enjoy many stories and activities involving his stories through out the month!

Here is a link to some Dr. Seuss themed games to try online:

<https://pbskids.org/catinthehat/games/cat-in-the-hat->





Miss. Deja 03/26

Desmond T. 03/01

Daniel C. 03/15

Tyler B. 03/17

Jaanvi P. 03/17

Fella B. 03/18

Dennis B. 03/22

James B. 03/22

If you would like to celebrate your child's birthday by bringing in a non-food treat such as a goodie bag, special book to read, or craft item let us know



Handwashing: Clean Hands Save Lives



This year more than ever has certainly reminded us of the importance of washing hands and staying healthy.

Washing your hands is easy, and it's one of the most effective ways to prevent the spread of germs. Studies have shown that handwashing can prevent 1 in 3 diarrhea-related sicknesses and 1 in 5 respiratory infections, such as a cold or the flu.

Follow these five steps every time

1. **Wet** your hands with clean, running water (warm or cold), turn off the tap, and apply soap.
2. **Lather** your hands by rubbing them together with the soap. Lather the backs of your hands, between your fingers, and under your nails.
3. **Scrub** your hands for at least 20 seconds. Need a timer? Hum the "Happy Birthday" song from beginning to end twice.
4. **Rinse** your hands well under clean, running water.
5. **Dry** your hands using a clean towel or air dry them.

If soap and water aren't available, you can use an alcohol-based hand sanitizer that contains at least 60% alcohol.

For more information on *Life is Better with Clean Hands*, visit

www.cdc.gov/handwashing.



24 Spring Books for little learners

Save the Dates!!

Parent/Guardian/Teacher Discussion

Wednesday 3/3 at 7:00pm

Family Activity Evening

Thursday 3/18 6:30