



Snack Menu

Monday

A.M. Yogurt with fresh fruit and milk or water

P.M. Oyster or graham crackers, applesauce or canned pineapple and milk or water

Tuesday

A.M. Waffles or toast with butter, fresh fruit and milk or water

P.M. Nutrigrain bar and milk or water

Wednesday

A.M. Life Cereal, Kix, Cornflakes, or Cheerios, raisins and milk or water

P.M. Ritz or saltines w/ vegetables and milk or water

Thursday

A.M. Cheerios, Cornflakes, or Life Cereal, fresh fruit, milk or water

P.M. Graham or Ritz crackers, cheese and milk or water

Friday

A.M. Toast or waffles with butter and fresh fruit and milk or water

P.M. Yogurt with fruit and milk or water

*Fresh fruit may consist of apples, oranges, strawberries, blueberries, pears or bananas.

**Fresh vegetables may consist of cucumbers, carrots, celery, peppers, broccoli, snap peas or tomatoes. Fresh vegetables may be served with Ranch dressing.

****Freeze pops may be served periodically as special treats