

Wollaston 華樂
Child Care Center 幼兒中心
Snack Menu

Monday

A.M. Yogurt with fresh fruit and milk or water

P.M. Ritz or club crackers with vegetables and milk or water

Tuesday

A.M. Waffles or English muffin with butter, fresh fruit and milk or water

P.M. Graham crackers or animal crackers with pineapple or applesauce and milk or water

Wednesday

A.M. Life Cereal, Kix, Cornflakes, or Cheerios, raisins and milk or water

P.M. Veggie Straws or Goldfish Crackers and milk or water

Thursday

A.M. Nutri Grain, fresh fruit, milk or water

P.M. Graham or Ritz crackers, with Wow butter and milk or water

Friday

A.M. Bagel with Cream Cheese or toast and fresh fruit and milk or water

P.M. Yogurt with Graham or animal crackers and milk or water

*Fresh fruit may consist of apples, oranges, pineapple, cantaloupe, watermelon mixed fruit cup, peaches or bananas.

** Fresh vegetables may include cucumbers, carrots, celery, bell peppers, snap peas, or tomatoes. Fresh vegetables may be served with ranch dressing. Canned corn may also be served.

***Freeze pops may be served periodically as a special treat